

# Wellington House



## FULL CORNISH BREAKFAST

Large of choice of cereals from the Kilner Jars on the dresser  
Served with fresh Cornish milk – semi or fully skimmed

Orange or Apple Juice

Selection of Fruit and Natural Yogurt

Pot of Fairtrade tea or Cafetiere of Fairtrade coffee

Two rashers of smoked back bacon, a large pork sausage, hash brown, baked beans, grilled tomato, mushrooms and egg of your choice – fried, scrambled or poached

Thick cut toast (white or wholemeal) with homemade marmalade or a selection of other preserves, and Marmite



## BREAKFAST SPECIALS

Proper Porridge made with Scottish Oats served with Syrup or Honey

Fresh cut Summer Fruit Salad – Melon, Nectarine, Strawberries and Grapes, or Winter Fruit Compote - Sultanas, Prunes, Apricots, Raisins, Goji Berries and Cranberries with Natural Yoghurt

Toasted English Muffins with Smoked Salmon and Scrambled Egg, or with 2 Poached Eggs on top

Smoked Haddock or Scottish Kipper with Poached or Scrambled Egg

Toasted Potato Farls or English crumpets buttered and topped with your choice of eggs, with mushrooms / tomatoes



Any combination of the above – and - if it isn't listed above, please just ask!